



OUTREACH ISRAEL NEWS

REACH TEACH ENCOURAGE DISCIPLE



NOVEMBER 2008

THE ONGOING JOURNEY



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STATEMENT OF BELIEF

Outreach Israel Ministries and TNN Online

There is One Almighty Creator God of the Universe, who has revealed Himself to us in the manifestations of Father, Son, and Holy Spirit.

Yeshua the Messiah (Jesus Christ) came in fulfillment of the Messianic prophecies of the Scriptures and is fully God. It is mandatory for us to believe in a Divine Redeemer to be saved. Salvation is a free gift of God to all who receive Messiah Yeshua into their lives and confess of their sins. Those who reject Messiah will be consigned to eternal punishment.

The Holy Scriptures, Genesis-Revelation, are the inspired, infallible Word of God as revealed in the original Hebrew, Aramaic, and Greek texts.

There is only one assembly of chosen ones/elect, the people of Israel, of which all Believers in Messiah are a part. God does not have two groups of elect: Israel and "the Church."

The Torah (Genesis-Deuteronomy) is the foundation of all Scripture, was followed by our Messiah Yeshua, and is to still be followed and studied by Believers today.

Yeshua the Messiah is coming to gather the saints after the Tribulation period.

OIM is an *agapē* ministry, freely and benevolently giving the vast majority of its teachings and resources, without charge, to those who desire to be spiritually nourished.

For a fuller Statement of Faith, consult the OIM website

Outreach Israel News is the monthly newsletter of Outreach Israel Ministries, a non-profit organization with an emphasis on reaching, teaching, and encouraging the Messianic community. Subscription to **Outreach Israel News** is without cost and supported only by donation.

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OIM UPDATE

November 2008

Back in the Fall of 1995, after a tour with a Messianic ministry to Israel the previous year, the Lord led our family to fully embrace the Messianic lifestyle and practice of worshipping the Holy One of Israel by returning to the ancient paths as encouraged by the Prophet Jeremiah millennia ago:

“Thus says the LORD, ‘Stand by the ways and see and ask for the ancient paths, where the good way is, and walk in it; and you will find rest for your souls’” (Jeremiah 6:16).

For seven thought-provoking and eventful years, we not only learned to stand and walk by the ways of the Lord, but we quickly learned that obedience to His ways was a recipe to find rest for our souls. Following the Holy Scriptures more fully became a great blessing to our household! After seven years of following the proverbial pillar of cloud and pillar of fire as the Lord was teaching us to live and walk by faith, He commissioned Outreach Israel Ministries (OIM) for ministerial service in November of 2002. Since then the journey has taken some significant turns here and there, as we have been led to encourage others on the same path that we have tread.

This month commemorates the beginning of our seventh year. As a family it has been a great privilege to serve those in this unique community of faith with our time, talents, resources, and most importantly the good gifts we have received from the Father of Lights (James 1:17). As a home based, educational ministry that freely sends our teachings, exhortations, and instructions around the world, we are deeply grateful to those of you who choose to support our efforts with your tithes, offerings, and purchases of our materials. **Thank you for partnering with our goals so that we can continue to bring loving, researched, scholarly, and balanced teachings to the community we serve.** After all, in this season of change, we are frequently being thanked by our subscribers for our consistent adherence to sound Biblical instruction that emphasizes the entire counsel of God’s Word. From our inception in 2002, we have diligently strived to adhere to the goals articulated in our mission statement:

OIM has been commissioned to reach, teach, encourage, and disciple the Israel of God to return wholly to Him in spirit, soul, and body in order to better serve in the work of His Kingdom.

In order to accomplish our mission we have consistently encouraged people to establish a firm foundation in the Torah with our weekly TorahScope commentaries, as well as weekly Bible Studies that in recent years have focused on various letters of the Apostolic Writings. Additionally during this year’s Torah cycle, we are adding a weekly Haftorah Exhortation to continue to broaden our subscribers’ Bible study with more consideration of the Prophets and Writings of the Tanakh.

Once again our **Virtual Series** of teachings during *Purim*, Passover and Unleavened Bread, *Shavuot*, *Yom Teruah* through the *Sukkot* season, and *Chanukah* have all been designed to teach and encourage you as individuals, couples, families, and small groups scattered around the globe that might feel left out of larger events. These are certainly special times of year for us to focus on the work of our Heavenly Father in each of our lives. This past year we also initiated our McHuey Blog, which has become an outlet for some of our opinions on various subjects that are impacting the worldwide Messianic movement in some way. We always welcome your participation, comments, and feedback from all who receive these postings.

As we look forward to the coming year of service, we have determined that maintaining our steady approach to ministry is going to continue without the need to induce fear-based teachings simply because “change” is in the air. In this most recent political season here in the United States, where “change” became the mantra for altering the direction of our government, one critical thing must always be remembered: **the God that we worship and serve never changes.** Instead, He is immutable. The Prophet Malachi reminds us that He does not change, although the sons of Jacob—by extension all people—do change:

“**For I, the LORD, do not change; therefore you, O sons of Jacob, are not consumed.** From the days of your fathers you have turned aside from My statutes and have not kept *them*. **Return to Me, and I will return to you,**’ says the LORD of hosts. ‘But you say, “How shall we return?”’” (Malachi 3:6-7).

This reminder of God’s steadfastness to His promises that keeps His people from being consumed is followed by the admonition to return to the Lord, by returning to His statutes and ways. In so doing, the Lord says He will then return to the people of Israel. **Therefore, it has and always will be our challenge as His people today to continually return to Him by faithfully studying and putting into practice His Word—in order to receive His blessings.**

Still, in light of the current changing realities, we do need to sometimes be reassured. According to the Prophet Daniel, because the Almighty changes times and epochs, the omniscient, omnipotent, and omnipresent Creator God ultimately permits alterations that take place when rulers or leaders are either removed or established:

“Daniel said, ‘Let the name of God be blessed forever and ever, for wisdom and power belong to Him. **It is He who changes the times and the epochs; He removes kings and establishes kings; He gives wisdom to wise men and knowledge to men of understanding.** It is He who reveals the profound and hidden things; He knows what is in the darkness, and the light dwells with Him’” (Daniel 2:20-22).

Did you notice in these statements that beyond simply allowing certain regime changes, as leaders come and go, the Almighty also dispenses wisdom to the wise and knowledge to those of understanding? Of course, it is our firm conviction that one of the primary ways a person obtains God’s wisdom, knowledge, and understanding is by searching His Word for insight on how to maximize our lives during our time here on Earth.

Hopefully, in the years to come, what we share with you through OIM will

provoke you *even more* to return to Him with all your hearts, souls, minds, and strength. In so doing, you will gain the wisdom, knowledge, and understanding to avoid the changes being embraced by the world. Instead, by faith in the Holy One of Israel and His Word, you will stand upon the Rock of our salvation pointing all to the only change or transformation that benefits mankind. This change is not some new president or leader—but instead the changing of a heart of stone to a heart of flesh indwelt by the Spirit of God. This is a change worth seeking!

Until the restoration of all things...
William Mark Huey

AVAILABLE FROM TNN PRESS!

Written from a Messianic perspective, these volumes share uplifting and encouraging testimonies from personal life encounters of how the Torah can be applied in a modern-day setting during this hour of restoration. Many Believers today struggle with understanding how the Torah can apply to their lives and need practical solutions from the Scriptures. TorahScope offers you with thoughts that will give you such solutions, and will give you focus for your examination of the weekly Torah portions.



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BOOK FUND**



Would you like to see high quality, scholastic, and loving Messianic books like *Hebraic Roots*, *Introduction to Things Messianic*, *Torah In the Balance*, and *When Will the Messiah Return?* available from major booksellers? Do you want your friends to be able to purchase these books without the “fear” of having to contact a Messianic ministry? Join the ongoing **TNN Press Book Fund** today and make this a reality!

The TNN Press Book Fund is the most ambitious project ever embarked upon by our ministry. For over five years, we have been on the cutting edge preparing materials for the long-term future of the Messianic movement, ranging from introductory books to home study guides to commentaries on various books of the Bible. These publications *now* need to be able to have a wider distribution than *just* our ministry. They need to be out there to counterbalance some of the unfair and unloving materials that bring discredit to the Messianic community. They need to promote a Messianic movement that is going to be an influence of positive change in the world. TNN Press offers some of the most well-researched and theologically stable Messianic materials on the market, and it is time to see that our publications are professionally printed.

We are currently preparing our first two books for publication and need your help!

THE ONGOING JOURNEY

by J.K. McKee

For many of us, as 2008 winds to a close, we seriously wonder as to what kind of year it has been. I have now served in full-time ministry for almost six years, and while I have certainly had worse years than 2008, this year was not a particularly “fun” one for me. I said all the way back in January that the Messianic community dodged the bullets of controversy in 2006 and 2007, and so a big one certainly did hit us this year—and in an unexpected place, no less! The polygamy issue opened up something that I honestly thought would never have to be explored. And even though I write this having just completed a 32-page refutation of it in my article “Is Polygamy for Today?”, the related subject matter of human sexuality and gender roles will not be going away anytime soon. If anything, the work has just begun in this area. Yet as with all things, where the enemy intends evil God intends good (cf. Genesis 50:20). We always have the responsibility as His people to turn negative circumstances into an opportunity to learn.

If we are called by the Lord into His service as pastors, teachers, and spiritual mentors, there is inevitably stress and anxiety that come with the job. This is especially true for a Messianic movement that is struggling to find its way—but inevitably will find its way over time. We have to pace ourselves to make sure that we do not get burned out, knowing “He makes me lie down in green pastures; He leads me beside quiet waters” (Psalm 23:2). When we review the prophecies of Israel’s full restoration, which we all believe that our Heavenly Father is in the process of fulfilling, it is rather daunting to tally up all of the things that must take place in order for it to be accomplished. While many have recognized themselves as being a part of Israel, or even being related to Israel, the question “Will you not show us what you mean by these?” (Ezekiel 37:18, RSV) has been answered in many, somewhat contradicting ways.

I have had a deep spiritual feeling for some time that the journey ahead of us as the Messianic movement is about to take some unique turns. Some of these turns will be met with great enthusiasm, as prayers are answered and we begin to become all of the things that the Lord wants us to be. Some of these turns will be met with great resistance, as new issues get presented to the Messianic community—all *legitimate*—and we have to engage with new perspectives of things that we have perhaps not considered before.

Let me give you a brief snapshot on the way things have been going. Several years ago I attended a seminar conducted by a very large and influential Messianic ministry that dealt with the Messiahship of Yeshua. As this seminar opened, the main teacher referenced several quotations of people who had denied our Lord. One of those people I had an acquaintanceship with, but he did not just deny Yeshua. This individual had been in the Messianic movement for less than two years, entering into it from a fundamentalist Pentecostal Christian background. He was a regular participant on an online forum that I was then helping to moderate, and out of nowhere he announced his “new beliefs.” For quite some time he had been questioning Yeshua’s Divinity and whether or not He was indeed

God in the flesh. After being convinced that Yeshua was just a human Messiah, this individual then began considering whether or not He was even the Messiah, consulting various anti-missionary publications and arguments. Soon he believed Yeshua was not the Messiah. And here comes the real killer: after about seven weeks or so of going from believing that Yeshua was Divine, to just a man, to not the Messiah—**this person was then convinced that there was no God!** *Christianity to Messianic movement to atheism.*

People deny God all the time, and atheism has been around for a very long time. Psalm 14:1 reflects on this antiquity, “The fool has said in his heart, ‘There is no God.’ They are corrupt, they have committed abominable deeds; there is no one who does good.” I seriously doubt, however, that many of today’s Messianics would have expected some of their own to go off into atheism, much less think about what now needs to be done as a result of this. *What it means is that any question regarding any subject in any part of the Bible can now be discussed*—in a Messianic context no less! All issues are now fair game. And this is where the journey ahead of us is going to take some interesting turns. The Bible teacher (and I am speaking for myself here) has to be very careful to discern what the people can and cannot handle regarding the controversies of the Scriptures. Believe me when I say this: most of those controversies regard the Tanach or the Old Testament **and not** the Apostolic Scriptures or the New Testament.

Should we be upset that some of those controversies will begin to be discussed in our faith community, even if just in piecemeal here and there for right not? Not at all. The milk of the Word of God, its basic principles and teachings about righteousness, are only for spiritual infants (1 Corinthians 3:2; Hebrews 5:13). Now that we know that a few of these things are on the horizon—best evidenced by the recent polygamy debacle—it is an indication that we are growing into spiritual adults.

Recently teaching on the Epistle of Ephesians in our Wednesday Night Bible Study, I took note of the fact of Paul’s prayer for his audience “to know the love of Messiah which surpasses knowledge, that you may be filled up to all the fullness of God” (Ephesians 3:19). What this involves is further explained in Ephesians 4:14, so “we [can] all attain to the unity of the faith, and of the knowledge of the Son of God, to a mature man, to the measure of the stature which belongs to the fullness of Messiah.” God’s people are to be filled up with the fullness of Messiah, exhibiting the proper moral and spiritual character. It involves the maturity of God’s people, something which surely involves them being able to access the same power that resurrected Yeshua from the dead, as He presently reigns in Heaven over the universe:

“I pray that the eyes of your heart may be enlightened, so that you will know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, and what is the surpassing greatness of His power toward us who believe. These are in accordance with the working of the strength of His might which He brought about in Messiah, when He raised Him from the dead and seated Him at His right hand in the heavenly places, far above all rule and authority and power and dominion, and every name that is named, not only in this age but also in the one to come. And He put all things in subjection under His feet,

and gave Him as head over all things to the [assembly], which is His body, the fullness of Him who fills all in all.” (Ephesians 1:18-23).

The spiritual journey that each one of us undertakes as Believers is bound to have some difficulties. Each one of us has sacrifices to make, and we have to be willing to do things that many of us find unpleasant. In embarking on a Messianic course, many of you have surely experienced ridicule, and even a little social ostracism. People do not understand why you are convicted to follow the Torah. People look at the Messianic movement and wonder if it is really worth it, especially given some of the internal difficulties we face. We should be encouraged in knowing that God is going to accomplish His will, and if we are faithful we will experience great rewards for our faithfulness. Even if I have repeated myself over and over on this one, I have always taken comfort in the Disciples’ question to Yeshua and His response:

“Peter began to say to Him, ‘Behold, we have left everything and followed You.’ Yeshua said, ‘Truly I say to you, there is no one who has left house or brothers or sisters or mother or father or children or farms, for My sake and for the gospel’s sake, but that he will receive a hundred times as much now in the present age, houses and brothers and sisters and mothers and children and farms, along with persecutions; and in the age to come, eternal life’” (Mark 10:28-30; cf. Luke 10:28-30).

Each of us who has given up things to pursue the Messianic path will be remunerated by the Lord—even in this age *to some degree*. The friends that we have given up will be replaced with new friends. The property that we have given up, or have had taken from us, will be given back. Just as Job had to admit that God was supreme and that on his own he was nothing (Job 42:2-6), so are we as born again Believers required to confess to God that we are empty without Him! We cannot continue ahead either as individuals, or as the corporate Body of Messiah, unless we do this. When we can do this, however, we will find ourselves entering into His destiny for us. Our personal needs will be taken care of, and we will have the resources—material and intellectual—to accomplish the work that He has given us.

It is easy for us to claim this as individuals. Each one of us can sit down and quietly pray this before the Lord *right now*, asking Him to restore us in faith, renew our confidence in Him, and give us the confirmation to know that we are fulfilling His will. One of the big “revelations”—and I *purposefully* do not use this word that often—that each of us needs to come to is the corporate dynamic of what this means. Today’s Messianics certainly hear a great deal about “Hebrew versus Greek mindset” teachings, and some unfairly chastise the veracity of the Greek Scriptures as a direct result. Yet one of the reasons that we have problems among us today is precisely because of a significantly undiagnosed element of Hellenism: **gross individualism**.

Does it ever occur to any of us, for example, what Paul means when he says, “do you not know that your body is a temple of the Holy Spirit who is in you, whom you have from God, and that you are not your own?” (1 Corinthians 6:19). Sure we do! “That verse is talking about me as a temple of the Holy Spirit,” right? Not entirely. You are right in that you are certainly a receptacle of the Holy

Spirit, and that you are to be free from sin and impurity. But the source text of 1 Corinthians 6:19 uses *humōn* “your,” *en humin* “in you,” *echete* “you have,” and *este* “you are”—all “you” in the plural. Paul tells the Corinthians “your body [of you all] is a temple of the Holy Spirit,” desiring them as an assembly to be a community endowed with God’s presence.

The corporate identity of God’s people is not a difficult concept to fathom when one reads the Tanach; Ancient Israel is treated as a corporate entity. It is not that individuals are not in view, but the body as a whole is more of an emphasis. The First Century *ekklēsia* had far more of a corporate identity than is realized. Both Jewish and Christian history reveal that both the Synagogue and the Church have emphasized more of a corporate identity than the post-Enlightenment individualism from which we presently suffer. Individualism and personal choice certainly have a place, but not at the expense of looking out for the greater good of the Body of Messiah. I am enthusiastic about the day when we can understand the corporate context of Romans 12:1—“present your [*humōn*, plural] bodies a living and holy sacrifice”—where we who make up the whole Body of Messiah present ourselves as a *singular* sacrifice for the work of our Father.

The journey of Messianic faith does not have to be a difficult one. Many of the course corrections that have to be made are minor ones. Looking at a wider array of Scriptures. Integrating a sermon independent of the Torah portion into the *Shabbat* service. Showing respect toward our Jewish and Christian forebearers. Searching for reasonable solutions to our problems, and desiring to make a positive difference. Reevaluating the role of Jewish tradition as it concerns things like the calendar or festivals, and reconsidering whether or not we have made any hasty conclusions. *These things are not that big a deal*. The Lord knows our full potential, and we as the corporate Body of Messiah need to really intercede that we can *all* begin to see it as well. The enemy also knows our full potential, and that is why the journey has been experiencing some turbulence. What role will you play in what the Lord has in store for us?

When I consider my life of faith, I know that the Lord has blessed me with skills and abilities that have been used significantly for His service. I also know that just as Ecclesiastes 12:12 says, “my son, be warned: the writing of many books is endless, and excessive devotion to books is wearying to the body,” that I need to stop from time to time and smell the proverbial roses. I am preparing to conclude my master’s degree at the end of this year, and if I have learned anything from that experience it is that *I cannot do it alone*. The seminary library has been a great asset to me, but it is also very intimidating. All I have to do is go to a commentary set from Genesis to Revelation, and then be hit with the fact that there is not a similar complete commentary set from a Messianic standpoint. That, and the added realization that there are many other issues currently untouched by us, can be overwhelming.

None of us can do the required work of Messianic ministry alone. We all are a part of a body whose head or source is Yeshua (Ephesians 4:15). As the ongoing Messianic journey prepares to enter into a different season, let us all lift up one another!

03 November, 2008



In 1978 when I became a born again Christian, the war for the heart and soul of the American culture was being waged in the political arena **just like it is today**. Since I had worked on Capital Hill after college, I had some experience and knowledge about how the political machinations worked. Within a year of my salvation experience, I was prompted to share some insights at the church I attended. After many late night discussions with some of my peers, I started a monthly meeting to educate fellow sojourners about our personal responsibility to be informed and involved in the political process. The Responsible Christian Action Forum (RCA Forum) invited various speakers to share their views on different social and cultural issues that were then being debated in the political arena. For a little over a year leading up to the 1980 election cycle, we enlightened people about the Scriptural basis for informed decisions when electing people to office or voting on various ballot initiatives or amendments or referendums.

If back then you would have told me that in thirty years, I would be living in Florida having to vote on the definition of what marriage is—I would have thought you were out of your mind. However, on Tuesday here in Florida, and coincidentally also in California and Arizona, the voters were being asked to make a determination as to whether “marriage” is essentially considered a “legal union” between one man and one woman. The ballot for the “Florida Marriage Protection Amendment” states our yes or no choice this way:

“This amendment protects marriage as the legal union of only one man and one woman as husband and wife and provides that no other legal union that is treated as marriage of the substantial equivalent thereof shall be valid or recognized.”

Considering the stark reality of having to legally declare via the voting process what the majority believes to be considered a “marriage” seems absurd to anyone raised in a nation that was birthed on Biblical principles. Yet this obvious devolution in understanding God’s created order is resulting increasingly with more of these bizarre state constitutional amendments or referendums or ballot initiatives. For Believers, how disturbing can this get?

I suppose the good news, and something we should be thankful for, is that at least today we are still democratically voting on what godly people think is patently obvious. Lamentably over the years in other realms, particularly concerning the right to life, we have witnessed the mores of the land drastically altered by court decisions that are then upheld as the law of the land. How far our culture is from judicial decisions or constitutional amendments legalizing euthanasia

(assisted suicide) as was passed in Washington state is alarming. We have been warned.

Fighting the war for our culture is and will be a life long battle for all that call upon the God of Abraham, Isaac, and Jacob and rely upon the accomplished atoning work of the Messiah Yeshua. Pointing people back to the Biblical basis from Genesis to Revelation for leading lives that are pleasing to our Creator is part of that strategy. As we obviously head toward a period when we will be living in a time like the days of Noah (Matthew 24:37-39), we need to appreciate our Spirit-led return to the ancient paths of the Scriptures (Jeremiah 6:16). It is our understanding that one of the primary reasons that God has been restoring the Hebraic Roots of our faith in the past few decades is to provide a viable alternative counterbalance to societal debauchery.

It appears that down through the ages, God follows a pattern for mankind that when sin increases His grace abounds (Romans 5:20) to those who are seeking Him. There is always a righteous seeking remnant that arises to point humanity back to the eternal truths of the Scriptures. Whether it is a righteous Noah, a zealous Elijah, or a John the Immerser declaring personal righteousness, God always raises voices in even the most perverse generations that direct people to God's eternal ways.

While we do not necessarily place ourselves in this lofty company of saints, we do acknowledge that it is our desire as a ministry to present Biblical truths in a loving, balanced, and scholarly manner. As our culture continues to move toward ungodliness, we are increasingly motivated to enhance our outreach to those who are seeking the Holy One. Our fervent hope and prayer is that our teachings and exhortations will fall on fertile ground so that the Lord will generate an increase that is thirty, sixty, or even a hundred fold (Matthew 13:23).

We not only pray to that end, but ask that you consider His ways when you vote on leaders or initiatives. After all, we will all be held accountable for what we do with the rights, privileges, and responsibilities we have been given. Be a good, faithful servant as you fight the culture war with the knowledge and understanding that has been imparted to you. In so doing, you just might hear the words, "well done" when you enter into His presence!

Now that the election results are in, we all need to pray for our elected leaders. May He have mercy on us all!

**If you would like to sign up for our
Special Health Updates, please contact us via phone
at (407) 933-2002
or e-mail info@outreachisrael.net**

**We are also available to discuss your specific health
needs.**

November 2008 Health Update

Vitamin D: Benefiting Your Health

by Mark and Margaret Huey

In our continuing efforts to encourage health and nutrition through the use of nutritional supplementation, we came upon some very enlightening articles about Vitamin D₃ that we feel will be useful in your pursuit of good health. Some of the information was particularly intriguing to Margaret because her first husband died at 41 of malignant melanoma. The fact that for years, medical science warned people about overexposure to the sun, appears to be bad advice after all.

First, we received a wellness report from Dr. Russell L. Blaylock, M.D., which contained a comprehensive article entitled, "Vitamin D's Hidden Role in Your Health." In his report, the importance of having sufficient Vitamin D₃ was emphasized. Oddly enough, the primary source for Vitamin D is from exposure to the sun "UVB" rays. One interesting quote put it this way:

"When sun strikes our skin, the penetrating UVB rays trigger biochemical reactions in the deeper cells that generate huge amount of vitamin D. As little as 30 minutes in the sun can generate up to 50,000 international units (IU) of vitamin D. We now know that vitamin D is a powerful inhibitor of cancer development and growth. So by making people vitamin D deficient with their medical wisdom to avoid sun exposure, they inadvertently increased people's risk of developing all forms of skin cancer, including the deadly malignant melanoma" (Blaylock Wellness Report, volume 5, no. 9).

Another article, published on the Internet by nutritionist Pamela Egan, summarized many of the problems associated with a lack of vitamin D₃. The list follows:

"Did you know that vitamin D₃ deficiency can result in Obesity, Type 2 Diabetes, High Blood Pressure, Depression, Psoriasis, Fibromyalgia, Chronic Fatigue Syndrome, Kidney Stones, Osteoporosis, & Neurodegenerative disease including Alzheimer's Disease. Eventually, Vitamin D deficiency may even lead to Cancer (especially breast, prostate, and colon cancers). Vitamin D₃ is believed to play a role in controlling the immune system (possibly reducing one's risk of cancer and autoimmune diseases), increasing neuro-muscular function and decreasing falls, improving mood, protecting the brain against toxic chemicals, and potentially reducing pain.

"Vitamin D₃ is both a vitamin and a hormone. It acts as a vitamin when it binds with calcium for proper absorption. Humans cannot digest calcium without adequate amounts of Vitamin D₃.

The most common reasons for Vitamin D₃ deficiency in the United States relates to lack of exposure to sunlight and infrequent consumption of cold water fish such as wild salmon, mackerel & sardines” (<http://www.pamelaegan.com/articles/vitamin-d3.htm>)

For those of us who live in sunny Florida, the availability of good exposure to sunshine is not much of a problem unless you deliberately avoid sun at all costs. Reading articles like these and others further inform us that some of the medical wisdom currently available just might do more harm than good.

So just like our recommendations to find a health and nutritional supplemental product that overcomes your lack of vitamins and minerals that your body and mind are craving, take some time everyday to get at least some minimal exposure to the sunlight. It is available for free if you just take the time to have a walk or run in the sun.

For more information about the supplements we are recommending, please give us a call at your earliest convenience.

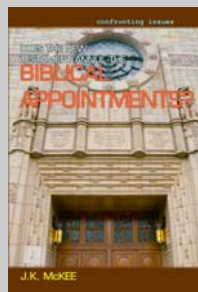
To your good health,
Mark and Margaret
www.hueyhouse.com

COMING SOON FROM TNN PRESS!

Today's Messianic community believes and advocates that our Heavenly Father is restoring the celebration of the Biblical appointments or *moedim*, chiefly found in Leviticus 23. Messianic Believers find great enrichment every year going through these annual festivals, rehearsing God's plan of salvation history. We bemoan the fact that too many of our Christian brethren have not partaken of the blessings of knowing things like the Passover, *Shavuot*, or *Sukkot*.

Some say that because of Yeshua's sacrifice at Golgotha (Calvary), the Torah or Law of Moses has been abolished, and thus the *moedim* or appointed times are done away with, annulled, and abolished. Some believe that they might be important for us to understand in an historical sense for understanding the Bible, but not to be followed as standard elements of our orthopraxy. There are those who say that the Apostle Paul gave us specific instruction in his epistles that we are no longer to celebrate the "Old Testament holidays."

Does the New Testament Annul the Biblical Appointments? takes a look at Galatians 4:9-11, Colossians 2:16-17, Romans 14:5-6, providing answers to the Messianic or Christian Believer with critical questions.





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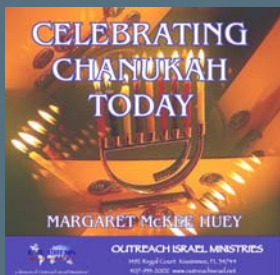
and grace of our Messiah Yeshua, the Light of the World.

Messianic Winter Holiday Helper

The Winter holiday season is often a difficult time of year for people in the Messianic community. To help you and your household, the Messianic Winter Holiday Helper has included several key articles on how to deal with the Winter holidays. We have included articles on: the history of *Chanukah*, the non-Biblical practice of Christmas, *Chanukah* and its significance for the Two-Houses of Israel, the tenacity and resistance of the Maccabees against ungodliness and worldly assimilation, insights on how to handle this season with our family and friends, and a practical guide to observing *Chanukah* with your family. Also included are some traditional recipes and the text of 1&2 Maccabees for your spiritual reflection. The *Messianic Winter Holiday Helper* is intended to aid you during this special time of year, as you seek to demonstrate the love

\$12.50 plus shipping & handling

Assorted Winter Season Audio Teachings



"Celebrating Chanukah Today," "Chanukah for the Two Houses of Israel," and "The Christmas Challenge" are three highly-recommended audio teachings for the Winter holiday season.

\$7.00 each, plus shipping & handling



**SEASONAL MATERIALS
AVAILABLE
FROM TNN PRESS!**